

NEW DVD!

Method Putkisto – Face School

Price £19.95

You may have heard about the Method Putkisto. We are pleased to inform you that the new Method Putkisto DVD is now available.

Your face is your window to the world. The way we use our facial muscles no cosmetics can control! We all end up “looking like ourselves” – depending on which muscles we choose to use to express our selves.

Marja Putkisto



Method Putkisto Face School offers a natural alternative for retaining or regaining the beauty, health and youthfulness of your face. Within one month you will look great!

Method Putkisto highlights the consequences of the tight, short muscles affecting your face. These are muscles like your strong biting muscles. This is why we first stretch the tight muscles, then strengthen the facial muscles and finally learn to use them.

By following the Method Putkisto Face School programme on top of guaranteed beauty benefits your overall well-being will improve: it helps alleviate sinus problems, headaches and other problems due to biting. You will feel more alert, revitalized and relaxed; even your concentration, communication and voice will improve. The programme is recommended by dentists and beauty professionals and by all our satisfied clients:

- *“Face School was a lovely experience - a real eye opener!”*
- *“I sleep better now than I have in five years.”*
- *“My face has changed so much within three weeks - I can not believe this!”*

Method Putkisto Face School clients

If you are interested in writing about this, please contact us:
Method Putkisto Studio
0208 8787384 or studio@methodputkisto.com



For a healthy, beautiful and expressive face!
Marja Putkisto