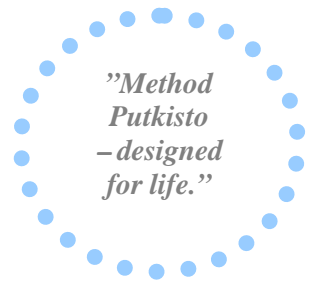
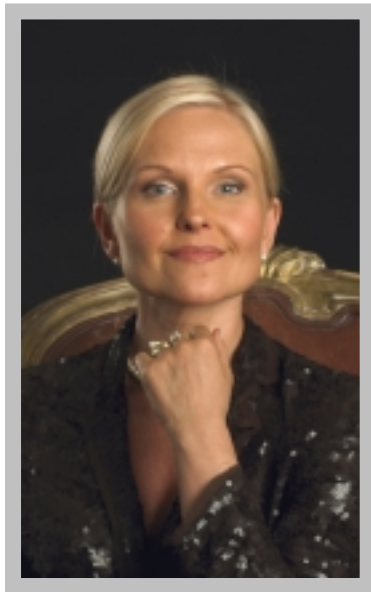


Sunday 27th January



FACE SPECIAL



*In this picture Lynn used the least
make up EVER in my pictures
- and I still looked my best.*

*I wish to provide our clients the skills
how to look after body & face
- independently.*

Marja Putkisto

1 MP FACE SCHOOL – by Marja

This time the workshop will focus on

- to see/understand the structure of our faces and how it formulates the real base for our beauty.
- To understand the muscle balance of the face from the estetic point of view.

2 MAKE-UP BASED ON MP FACE SCHOOL – by Lynn

We will look at makeup in a different way and how to enhance the "best of you" based on the structure of your face - with the absolute minimum use of make-up.

RESULTS

At the end of the workshop we will:

- feel better and BLOSSOM
- have learned new skills
- be more critical when purchasing new beauty products
- know how to "pick yourself up"

BEFORE AND AFTER PHOTOS

BOOKINGS

Method Putkisto Pilates Studio

tel. 020 8878 7384

e-mail: office@methodputkisto.com

www.methodputkisto.com

TIMETABLE

| | |
|-------------|------------------------------------------------------------------------------------------|
| 11.00 | welcome coffee/tea; photo snaps |
| 11.30–13.00 | The unique structure of your face, the way we use our expression muscles Refreshments |
| 13.30–15.00 | Look at your facial structure – bring the best out of yourself |
| 15.00-15.30 | See the results: drinks & after photos |

Bring: a clean and make-up free face, good selection of your own make-up and brushes and your camera.